

植牙

什么是植牙?

植牙，就是将人工牙根植入牙槽骨内，然后在人工牙根上方安装上瓷牙，在功能与美观方面与天然牙齿一样的修复方式，被誉为继乳牙、恒牙后人类的第三副牙齿。

什么时候需要植牙?

1. 美观：当原原来的牙齿因为蛀牙或意外，被拔掉
2. 功能：当牙齿因为空缺而没法让您正常的咀嚼享受美食

什么情况能植牙?

前牙单颗或多颗连在一齐	後牙单颗或多颗连在一齐	
全口固定	全口可拆除的	下前身窄体植牙

植牙种类?

普通植牙：是指采用常规的植牙手术，需要经过开牙龈，植入牙根，缝合牙龈等外科手术，在植入人工牙根1-3个月后，再安装牙冠/牙桥。普通植牙植牙费用较为经济。

缺骨植牙：是指牙槽骨量不足时采用的植牙方法，长期牙缺失会导致牙槽骨萎缩，很多人都因牙槽高度或宽度不足无法植牙。

80%的牙骨不足者都可以通过高端的植牙外科技术缩短植牙过程，包括超短植体植牙，补骨加骨，增骨高度的上颌窦提升，增骨宽度的骨扩张植牙等。

我适合植牙吗?

只要是身体健康，口腔健康良好，都适合植牙。

植牙需要足够的牙骨，最好的植牙人选是足夠牙骨(高度及宽度)及足夠牙肉，患有牙周病的人牙骨都会减少，增加植牙的难度及费用。

吸烟者或患有其他病，例如糖尿病和高血压患者，需要进一步的检验和观察。

植牙优点?

- 简单：健康的牙齿可以完全保留，不需要磨掉邻近健康的牙齿。
- 稳固：稳固的人工牙根可增舒适感，很好的咀嚼力，感觉就像自然天生的牙齿
- 安全：种植牙的稳定性不会像普通活动假牙在吃饭或说话时可能发生脱落造成堵住气管或食道的危险
- 长效：人工植牙可以有很长的使用寿命
- 美观：就像天生牙齿一般，说话时面部表情就像原来一样自然，增强您的自信心

植牙的过程需要多久?

整个疗程需要1到6个月，原因是让人工牙根和牙骨在缺骨植牙的情况下，要延长1-2个月



需要去几次诊所?

通常大概需要最少3次

植牙能够耐多久?

若照顾得妥当，能够耐一世

植牙疼吗?

植牙是在局部麻醉的情况下完成，和拔牙所用的方式一样。所以在植入人工牙根时，是不会比拔牙疼的。您如果有拔过牙就无需怕植牙

缺点?

- 修复时间比较长
- 费用比较高
- 对牙周病的患者，长期成功率需要很好的后期维护

植牙比真牙的牙桥好吗?

植牙的身颈是最高级的医疗级钛合金，不会像真牙桥的牙颈般蛀牙或朽掉：图中真牙支撑的牙桥用了多年，牙颈已蛀，整个牙桥需要取出



价格?

植牙价格是根据不同的个案而定，大概是RM6000-RM8000

透过详细的检验之后才能确定价格，能够以期付款的方式来还

有什么办法可以节省我的治疗费如何减少治牙的費用?

拔牙后一至三个月内植牙

要有好的骨头，长宽高及质

保骨：如有牙周病要定期洗牙以免骨头缩得更厉害

止损：如已太松让及早拔除

计画：拔牙之前先计划好怎样修四去

合理设计：用可拆除的假牙，固定身桥要更多植牙支撑

植牙成功率有多高?

随着植牙科技的进展，成功率能够高达95%

为了加强长期的美学及功能的上成功，医生需要制定完善的治疗计画，使用先进的机器，用具及材料，採取已被证实有效果的手术方法，细緻的手术减少创伤及疼痛

如何开始疗程?

- 1 牙医会复制您的牙模，和拍摄X光片来做术前检查



- 2 植牙牙医和您讨论治疗计画，好处坏处，风险及可能的替代方案

拍3DX光，在数码X光模拟手术过程，如需要的话确定补骨位置及方案
牙医会让您知道疗程中所需的时间和价格，或一些其它的方法来针对您的问题



- 3 人工牙根将植入牙槽骨内，然后人工牙根和牙骨愈合，过程需要1到3个月，补骨可能长达六个月全口重建约一年

- 4 拿牙模复制植牙位置，以便能够特别定做瓷牙
- 5 在人工牙根上面方试装牙颈，安装烤瓷牙



- 6 复诊，如有需要修整

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It is safe?

Botox is approved by US's Food and Drug Administration (FDA). It had been approved for cosmetic use in 78 countries. Approximately 10.9 million vials of BOTOX® Cosmetic have been sold in the United States since 2002. It has been approved to reduced muscles contraction that and improve frown lines and crow's feet.

How to start?

You will be examined and consulted on Botox and dermalfillers and other alternatives. You should know the risks, benefit and cost before you embark on the treatment.

What are the risks?

Side effects may include; dry mouth, injection site discomfort or pain, tiredness, headache, neck pain, muscle pain, and eye or vision problems.

What should I do to prepare for my treatment?

You need to decide on the locations of injection and sign a consent form.

What will happen on the day of procedure?

During the procedure, a small amount of Botox is injected directly into the facial muscles that correspond with the muscles that causing tension, wrinkles and lines. No local anesthetic is required.

How long is the procedure?

The actual injection process takes about 10 minutes.

How soon will I see treatment results?

Cosmetic result: Within several days. Therapeutic effect eg. for masseter injection it may take 1-2 months to see the muscle slimming.

What is the limitation?

The results lasts for months. Additional maintainace injection is needed. This is also an advantage because if there is any imbalance of the injected site, the unwanted result will disappear in a few months.

When and Who should not be injected with Botox?

- Pregnant or breast feeding
- Allergy to eggs
- Suffering from muscle disorder e.g. Myasthenia Gravis
- Taking aminoglycocide antibiotics
- Infection or planning surgery on injection sites

Am I a good candidate for Botox?

Any fit and healthy adult, men or women, are good candidates, but the indications must be right and the expectation should be realistic.

For example, face slimming of masseter muscle injection, best effect will be in reducing hypertrophy of the muscles, if the mass is due to fat or jaw bone, other alternatives might be necessary.

Can I have a treatment today?

Yes if you have gone through proper examination and consultation.

What should I do after my treatment?

A written instruction will be given. Treatment requires minimal downtime or recovery; it's often called a lunchtime procedure. You'll be able to go about your normal routine.

Cost considerations(RM500-2000++)

The cost is based on per unit used.



Drooping Mouth Corner

1 injection points each site (right and left)

5-10 Dysport Unit per injection

Each Dysport Unit RM25

Total 2 sides x 1 injection X 10 units X R25=RM500

V shape Face (Masseter Muscle)

5 injection points each site

10 Dysport Unit per injection

Each Dysport Unit RM20

Total 2 sides x 5 injections X 10 units X RM20=RM2000

Botox unit is not directly convertible to Dysport unit

Is there any way to save money on my treatment?

Come on a scheduled weekly Botox day. Inject multiple locations in 1 visit.

How often can I receive a botox treatment?

The esthetic results of the injections generally last 12 to 16 weeks. Fortunately, due to muscles "unlearning" the habit of frowning and/or squinting, the need for injections may become less frequent. Depends on your situation and expectation, about 6-12 months.

What is the dentists' role in facial esthetics?

Dentists are the expert in area of head and neck. Their study and research is focusing of this area. They perform injections routinely. However, they need to be trained and certified before administraton.

