

Lip Trainer Patakara® Worldwide patent

Health and Beauty starts from refreshing your lips



LIP TRAINER PATAKARA®

With only 4 training sessions/day (each 3min) Strengthening the muscles around your mouth will stop snoring, be free from bad breath, blocked nose and cold. The training is effective reducing the size of your face & double chin. This tool will bring you many smiles and a stronger, healthier body.

Myofunctional Therapy Device

www.liptrainer.com

Q: What is Lip Trainer Patakara®?

A : Lip Trainer Patakara is a unique and simple tool that strengthens the muscles of your face, jaws, and neck evenly by training the lips of your mouth. This will prevent snoring and accidental disclosure of the mouth during sleep. It has been founded that strengthening orbicular muscle of mouth or "Lip Closure Strength" (LCS) will not only improve your health but also enhance your beauty. This is a new discovery to which nobody has paid attention until today.

Q: What can Lip Trainer Patakara® do for us?

A : Training with Lip Trainer Patakara activates the mimetic muscles (muscle of facial expression) which leads to increased blood flow of the brain. It also prevents your tongue from sinking and clears the airway from snoring. This helps to retain the balance of the mimetic muscles. As a consequence, oral-related problems such as snoring, bad breath, and sagging of the skin along the face line will show significant improvement. In addition, the fact that you switch from mouth-breathing to nosw-breathing will give you a much reduced chance of catching a cold, which can lead to all kinds of diseases. Unlike mouth-breathing can minimize the oxygen scarcity in the blood which induces thickening of the blood, which will have positive effect for the treatment of high blood pressure or post-stroke rehabilitation.

Q: Since when has it been used? Where is it made in?

A : Since year of 2000, it has been patented in Japan, U.S.A, China, Taiwan, France, Germany, England, and other countries. It is a Japanese product which has been invented by a Japanese dentist.

Q: How frequently should the lip-training be performed?

A : It should be carried out 4 times a day, and each session should last for 3 minutes. The effect will show difference depending on the frequency of training. Though the result will vary depending on the symptom and metabolism of the individual, most will feel the effect after about 2 weeks of usage.

Q: Do we sleep with the device inside our mouth?

A : No, it should not be fixed in your mouth or bit on during sleep. This is because it is not a preventive tool for your oral symptoms, but rather a tool that performs curative treatment from the inside of your body. By training with this simple device, you will be able to close your moth during sleep as it will clear your blocked nose.

Q : Can people from different age groups use this tool? Does it come in different sizes or hardness?

A : It comes in 3 levels of hardness, namely Rehabilitation type (green), Soft type (pink), Normal (blue). Patients (with eczema, temporomandibular disorder[TMD], stroke) should use Rehabilitation type (green color), while those with mouth-breathing and snoring problems should use Soft type (pink color). Once you get used to Lip Training and feel that your lip strength has improved, then you should start using Normal type (blue). The key is for you to start from the softer to the harder. This will not strain your muscles and therefore make your training more long-lasting. More accurate choice of size (color) can be made by measuring your "Lip Closure Strength" (LCS) with Lip De Cum (Precision Measuring Device, which is available at clinic near by).

Various symptoms you have given up on



Our face is covered with mimetic muscles. It needs exercise just like our bodies.

Your face can become healthier and more beautiful by training your lips.



You may not believe it, but your problems can be resolved by closing your mouth and shifting to nasal breathing during sleep.

Some amelioration examples;

Snoring is gone Easier nasal breathing No bad breath in the morining Atopic eczema is cured or improved Your mouth does not open during sleep The phlegm does not get caught in the throat Number of times of visiting toilet while sleeping is reduced No bleeding of the gums while brushing teeth Due to enriched skin, make-up is easy Improvement in after effect of stroke You'll become less prone to cold No more mouth ulcer Dry skin disappears No throat ache Better smiles

Attention: The objective of Lip Trainer Patakara® is to ameliorate various symptoms caused by the decline of the muscles around your mouth. It is not meant to be used for aesthetic purposes. You may perform Lip-Training as frequently as you like everyday, but as

a side-effect, your double-chin or chubby face may be less visible due to increased metabolism.

Please come to www.liptrainer.com for further detail.